# Home Care Project in the city of Korat In collaboration with Sharing for life Foundation Latkrabang

#### Introduction

Camillians in Thailand operates several activities aim to serve the aged, people living disabilities, sick and poor.

According to the charisma of their founder St. Camillo.

At present Thailand is entering in the aging society which more elderly and a less number of newborn in the families.

Camillian home of the aged is a collaboration with the diocese of Nakhon Ratchasima and St. Camillus foundation of Thailand. Home for the aged to serve the elderly in Nakhon Ratchasima province at an afforable price was built in the land given by bishop Joseph Chusak in the city of Nakhon Ratchasima.

Home for the aged Ratchasima was opened on 25 February 2017 to serve the elderly by organizing a team of nurses, nurse assistants, physiotherapists and care workers with knowledge and skills in the care and rehabilitation of the aged .

Focusing on taking care of the aged in the holistic way which means body, mind, and the spirit and the practise of palliative care medicine.

# Camillian Ratchasima has 2 main projects:

- 1. Home for the aged accomodating at present 135 people and with a new coming building in the year 2022 increase to 170 people.
- 2. Home care project means to visit the people in need in the community according to the government policy since it pushes

the idea of keeping and serving the elderly in their families and community. Home care is a pilot project part of the government plans to welcome the new aged society since will soon increase up to more than million people.

Camillian religious community is understanding the important of the care of the old people in Thai society because strongly believe that live has a value even when age and sickness are coming through. For this reason a team of religious and volunteers were estrablish to take care of 135 people poor, old and sick in the local community.

## **Purpose**

- To make the targer, group the aged, disabled, and poor have couraged in improving their lifestyle and get access to treatment and welfare state benefits.
- 2. To give the target group advices in health care, hyginene and environment surrounding of their house.
- 3. To improve connection with religious group and good people not too feel lonely and abandoned.
- 4. To support and encourage village volunteers in caring their community.

- 5. To live the mercy of the Lord Jesus in the name of Christain community.
- 6. Adjust and re-built some of poor houses to allowed people with disabilities to get easy access.

# **Target**

- 1. The aged, disabled, and poor: 135 cases in the city of Korat(20 km.).
- 2. The most rejected in the community who are abandoned in need of care and support.
- 3. Community leaders and volunteers and family's members.

# **Project Duration**

On yearly basic: this is the third since we started in 2017.

# Operation

- 1. Prepare car the equipment, files and document.
- 2. Prepare a gift package to distribute to the target group.
- 3. Prepare a name list, go and visit, and keep records in files.
- 4. In one day the team visit 8-10 people(family) and repeat the visit to them every 3 months.
- 5. Religious and volunteer during the visit give counselling courage and have advise, check blood presure and their medicine in some case the team will do cleaning of the house and personal care.
- 6. Gather group of volunteer to make adjustment in the house in need.

#### Evaluation

- 1. Check documentation of each visit if it is complete with the pictures and personal detais, map and important data.
- 2. Prepare and summary report for sponcers and benefactors.
- 3. Prepare details report: number of visiting and expesses every months and the of the end of the year.
- 4. Monthly narrative and financial report in the month of May to review the costs and the financial budget.

## Operating staff

1. Fr. Giovanni Contarin, Mrs. Kanjana, Ms. Sukanya and volunteers.

#### Budget

- Home for the aged provide store, coordination office to operated the project and facilitate the participation of the staff.
- 2. Asking to Diocese of Nakhonratchasima social department to support the project.
- 3. Organizing fundraising campaign under the in collaboration with Sharing for life foundation and St.Camillus foundation of Thailand.
- 4. Public campaign in the social media organized by our volunteer staff.

Expenses for one year						
No	List	Number	Amount			
1	Consumer goods ex.	135set x4 times x470 Baht	253,800			
	Rice,dried food, food	x 540 visit				
	supplement etc.					
2	Donate cash 100 Baht	135 cases x100 Baht	54,000			
		x4 times				
3	Travel and	4 times x12 months	24,000			
	transportation	=48 times x 500 Baht				
4	Document	350 Baht x12 months	4,200			
5	Volunteer	300 Baht x48 times	14,400			
	voucher(food) 4					
	times/month					
6	Office utility	3,000 Baht x12 months	36,000			
7	Other(vechicle	4,000 x 4 time	16,000			
	maintance)					
Tot	402,400					
<u>bath</u>						

## IN 1 set contains

Rice 5 kg.	=150Baht		
Noodle 1 pack/ 6 piece	=30 Baht		
Canned fish 1 pack/6 cans	=90 Baht		
Fish sauce 1 bottle	=25 Baht		
Vegetable oil 1 bottle	=25 Baht		
Toothbrush 1 piece	=10 Baht		
Toothpaste 1 tube	=20 Baht		
Soap 1 pack/ 4 piece	=40 Baht		
Detergent	=30 baht		

Home medicine is donated from St.Mary's hospital **Total 470 Baht/set** 

# Home care (World Day of the poor) End of the year Christmas time

This special day was established by pope Francis and celebrated on 19 November each year. It is an opportunity to set up an event where the poor have get special care and attention. We organize the feast in the multi purpose hall of the have for the people. We facilitate the transportation of 70 poor people 20 children staff and volunteer for a total of about 140 persons. It is an opportunity to share food, joy and solidarity. Present and toys are distributed and games are organized to make all have fun and enjoy the special care. Food and presents can be taken house and shared with the sick and disable, whose could not attend.

Expenses					
List	Number	Amount			
Transportation	8 groups	4,000 Baht			
Set-gift for family or individual	500 Baht x 70 persons	35,000 Baht			
Prices and gift	1,500 Baht x 30 piece	45,000 Baht			
Food for all	140 people x 200	28,000 Baht			
Gift for children	20 people x 200 Baht	4,000 Baht			
Total One hundred thous	188,000				
thousand Baht	Baht				

## **Expected results**

- 1. The aged, disabled, and poor in the target group have a happier physical and mental health.
- 2. The aged, disabled, and poor are not feeling alone, not lonely and part of a community.
- 3. The poor and abandoned get to know the mercy from love and compassion of the Christian community.
- 4. The poor and abandoned improve their self-esteem, quality of life, and get courage to survive in difficult situations.
- The Home Care Project it helps many volunteers to understand the presence and meaning of the local Catholic community
- This is a pilot project for the government organization and nongovernment organization in time of increasing the number of poor and abandoned and old people in Thai society.
- 7. Camillian Home and Sharing for life foundation get to be known in the Nakhonratchasima province.

## To support please contact:

Home for the aged Ratchasima

St. Camillian Foundation of Thailand-Sharing for life

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092-4147621(Ms.Sukanya) Line:Princessaogk

email:camillian.pr.sukanya@gmailcom

081-9673265 (Mrs.Kanjana)

www.camilliankorat.com

**Bank account**: Bank of Adyuthaya: St.Camillus Foundation of Thailand

Nakhonratchasima Branch No. 1441648848

You can donate money or any other item useful for the poor: cloth or food is in the set etc. Any item can be sent to us to

**Home Care Project** 

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